



**Alaska Lasik Center**

**The Best in Sight**

# Surgery Day Instructions

**PLEASE READ THE FOLLOWING TO FAMILIARIZE YOURSELF WITH THE PROCESS HERE:**

1. You will receive a Surgical Information Packet at your pre-operative examination or in the mail prior to your surgery day. If you have not received this booklet, please let a staff member know and they will obtain one for you.
2. You will receive a prescription for an antibiotic drop at your pre-operative examination or in the mail prior to your day of surgery. If you do not have a prescription, please call our office immediately. This prescription must be filled at any pharmacy at least one day before surgery. Most health insurance plans will assist you in this purchase. **You must use one drop in each eye the night before surgery and one drop in each eye the morning of surgery.**
3. You will need to purchase **preservative free** artificial tears that are packaged in **individual/single-use vials**. We recommend Bion Tears, Refresh Plus, Refresh Tears, Tears Naturale, or Thera Tears. You will use them after surgery.
4. You will be given a kit on your surgery day which includes protective UV absorbing glasses, night goggles, artificial tears, and a bottle of steroid drops. You will use these **after** your surgery.
5. You will need someone to drive for you on the day of surgery and for your first post operative visit on the following day. **Please make transportation arrangements in advance.**
6. Absolutely **NO** deodorant, make-up, perfume, cologne, lotion, smelly hair products, etc. should be used on the day of surgery. Your face and body should be clean and dry.
7. **Please refrain from drinking caffeinated and/or alcoholic beverages the night before and on the day of your surgery.**
8. Plan to be at the clinic **from 2 to 5 hours** on the day of surgery.
9. To ensure that everyone is as comfortable as possible, please do not bring young children to the clinic with you.
10. The Alaska Lasik Center accepts cash, VISA, MasterCard, Cashier's Checks, Money Orders or arrangements with our financing programs. **We do not accept checks at this time.**

**IF YOU HAVE ADDITIONAL QUESTIONS, CONCERNS, OR COMMENTS, PLEASE ASK ANY STAFF MEMBER OR CALL US AT (866) 579-8207. THANK YOU!**

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[www.AlaskaLasikCenter.com](http://www.AlaskaLasikCenter.com)